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Parsonage-Turner Syndrome Following Continuous Peripheral Nerve Blockade

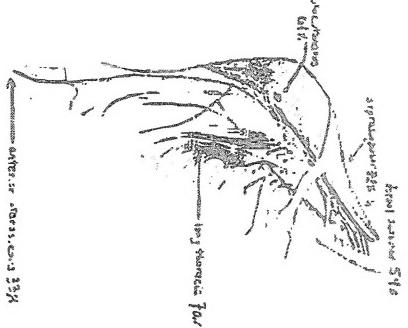
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Introduction

Parsonage-Turner Syndrome (PTS) has rarely been reported to occur following surgery. We present a case of PTS following use of a continuous peripheral perineural catheter placed for the purpose of post-operative analgesia.



Location: United States Air Force Military Treatment Facility.

Case: Following uncomplicated preoperative placement of a continuous interscalene perineural catheter for postoperative analgesia after shoulder arthroscopy, a 39 year-old man experienced neurologic disturbances consistent with PTS. The patient demonstrated lancinating pain and weakness to attempted flexion of the interphalangeal joint of his thumb and to the distal interphalangeal joint of his first digit; his exam was consistent with an anterior interosseous nerve lesion. He also endorsed numbness and allodynia to the lateral arm and forearm.

Sensory nerve action potential of the lateral antebrachial cutaneous nerve (LABC) sensory response was absent; needle electromyography showed abnormal spontaneous activity in the deltoid and flexor pollicis longus (FPL) muscles. There were absent volitional motor unit potentials in the FPL. All other nerve studies were normal bilaterally. The patient demonstrated multifocal pathology.

Methods

The patient underwent aggressive physical and occupational therapy. Pregabalin effectively managed pain. Two months post-surgery, the patient regained LABC nerve sensation. By four months, his strength had fully returned, but he still endorsed allodynia to the lateral arm.

Results

The patient underwent aggressive physical and occupational therapy. Pregabalin effectively managed pain. Two months post-surgery, the patient regained LABC nerve sensation. By four months, his strength had fully returned, but he still endorsed allodynia to the lateral arm.

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